

EAST COAST TRAVEL PACKAGE

Strömforsin ruukki

Naturally energetic – Wellbeing Day at work in Strömfors Ironworks

Time to invest in a team or work community discussing and doing things together?

Strömfors Ironworks brings together a picturesque, inspiring setting and natural surroundings for activities.

Strömfors offers its visitors a unique environment and the opportunity for memorable experiences. A day of wellbeing at work and meetings will give you unforgettable insights in the best-preserved ironworks community with roots that go back to the earliest days of the 17th century.

The Strömfors area's businesses, program, catering and meeting services will make your day of wellness and meetings a successful setting. In Strömfors you can go hiking, on river cruises, yoga, enjoy garden therapy or other activities.

Interesting additional content to the day of wellness and meetings is a tour of the building history in the area. The walk includes a visit to a church with an altarpiece painted by Helene Schjerfbeck. Strömfors Ironworks area is about 100 km away east of the capital region. It is possible to combine to your wellness day a visit to places such as city of Loviisa or Malmgård Manor.

The package includes:

- ✓ A forest hike on the Kukuljärvi nature trail and coffee in a hut
- ✓ River trip on the Kymijoki River or yoga class
- ✓ Meals and meeting facilities at Strömfors Bed & Bistro or Restaurant Mylly
- ✓ Guided building history tour on the ironworks area
- ✓ Eija's Garden: tour of the garden and lecture e.g. on the topic "Garden therapy or Easy caring for a garden with a good mood".



Strömfors Bed & Bistro



Strömfors Ironworks



Wellsters Oy – nature sports activities



Eija's Garden and English garden



Kukuljärvi

Target groups:

- ✓ Work communities and teams
- ✓ Nature sports enthusiasts
- ✓ People who like gardens and local culture
- ✓ Culture and history enthusiasts
- ✓ People who love traditions and all things beautiful

Suitable group size 10-25 people. The package is shaped as a basis for meeting trips and active group trips

Price example:

Package for **10** participants from **1700€**
- including meals, programme services and guided tours



Kymijoki



Strömfors Bed & Bistro